



Antelope AYSO

Welcome to the Fall 2023 Season

Antelope AYSO, like all AYSO Regions, is a 100% volunteer organization. We rely on the participation of each family to help make the season a success. Each team will need to supply coaches, referees, team parents, field-helpers, and line- painters. Please help do your part for the enjoyment of all the families.

Note: All volunteers, 10 years old or older, must apply online at AntelopeAYSO.org.

Please only apply for 1 Volunteer Position at this time.

REFEREES NEEDED

We need referees! We currently do not have enough referees to officiate the approximately 100 soccer teams playing games each weekend for this coming soccer season. Referees are essential and they allow us to offer a safe, fair, and fun experience for every game. A trained and certified Referee is needed for every game, and in most cases, we need three referees for the game. To put it simply, if we don't have referees, we cannot play the game. The training, and a uniform, will be provided for every volunteer who completes the Referee Training Course and officiates games.

It is not as scary as it sounds. In fact, it can be a lot of fun and it is certainly the best seat in the house. Visit our website, or contact our Referee Administrator, to find out when the next Referee Training class is scheduled.

REFUND POLICY

Requests for refunds must be received by **July 31st** and a \$30 processing fee will be deducted from the registration amount paid. Requests for refunds before **August 31st** and a \$40 processing fee will be deducted from the registration amount paid. Please provide the following information: player name, age, parent's name and mailing address, receipt number, and registration date by sending a letter to our mailing address, or by sending an email to:

Registration@AntelopeAYSO.org

How great coaches are born...

Everyone Plays  • Balanced Teams • Open Registration • Positive Coaching • Good Sportsmanship • Player Development



Game schedule, activity calendar and updated information are always available at:

AntelopeAYSO.org

March-Jun 15 Registration

Jul-Aug Coach Training
Jul-Aug Referee Training
July 25-28 Team Meetings

Aug 1	Practices may begin
Aug 3	Team Manager Meeting
Aug 19	Parade
Aug 19	Pictures
Aug 27	U6-U8 Kick Off
Sept 10	First game U6-U19
Sept 30	Volunteer BBQ
Oct 21	U6/U8 Season Ends
Oct 28	Fall Season Ends
Nov4-5	Regional Tournament
Nov TBD	U16/19 Tournament
Nov TBD	Area Tournament

2023 Contacts

Regional Commissioner

Lynsie Bunton
lynsie.bunton@AntelopeAYSO.org

Coach Administrator

Gus Aguirre
Coachadmin@AntelopeAYSO.org

Referee Administrator

Shawn Bittler
Shawn.Bittler@AntelopeAYSO.org

Registrar

Lynsie Bunton
Lynsie.Bunton@AntelopeAYSO.org

Team Parent Coordinator

Karlene Bittler
Team.Manager@AntelopeAYSO.org

Antelope AYSO
7909 Walerga Road #112-156
Antelope, California 95843



101 Ways to Praise a Child!

WOW • WAY TO GO • SUPER • YOU'RE SPECIAL • OUTSTANDING • EXCELLENT • GREAT • GOOD • NEAT • WELL DONE • REMARKABLE • I KNEW YOU COULD DO IT • I'M PROUD OF YOU • FANTASTIC • SUPER STAR • NICE WORK • LOOKING GOOD • YOU'RE ON TOP OF IT • BEAUTIFUL • NOW YOU'RE FLYING • YOU'RE CATCHING ON • NOW YOU'VE GOT IT • YOU'RE INCREDIBLE • BRAVO • YOU'RE FANTASTIC • HURRAY FOR YOU • YOU'RE ON TARGET • YOU'RE ON YOUR WAY • HOW NICE • HOW SMART • GOOD JOB • THAT'S INCREDIBLE • HOT DOG • DYNAMITE • YOU'RE BEAUTIFUL • YOU'RE UNIQUE • NOTHING CAN STOP YOU NOW • GOOD FOR YOU • I LIKE YOU • YOU'RE A WINNER • REMARKABLE JOB • BEAUTIFUL WORK • SPECTACULAR • YOU'RE SPECTACULAR • YOU'RE DARLING • YOU'RE PRECIOUS • GREAT DISCOVERY • YOU'VE DISCOVERED THE SECRET • YOU FIGURED IT OUT • FANTASTIC JOB • HIP, HIP, HURRAY • BINGO • MAGNIFICENT • MARVELOUS • TERRIFIC • YOU'RE IMPORTANT • PHENOMENAL • YOU'RE SENSATIONAL • SUPER WORK • CREATIVE JOB • SUPER JOB • FANTASTIC JOB • EXCEPTIONAL PERFORMANCE • YOU'RE A REAL TROOPER • YOU ARE RESPONSIBLE • YOU ARE EXCITING • YOU LEARNED IT RIGHT • WHAT AN IMAGINATION • WHAT A GOOD LISTENER • YOU ARE FUN • YOU'RE GROWING UP • YOU TRIED HARD • YOU CARE • BEAUTIFUL SHARING • OUTSTANDING PERFORMANCE • YOU'RE A GOOD FRIEND • I TRUST YOU • YOU'RE IMPORTANT • YOU MEAN A LOT TO ME • YOU MAKE ME HAPPY • YOU BELONG • YOU'VE GOT A FRIEND • YOU MAKE ME LAUGH • YOU BRIGHTEN MY DAY • I RESPECT YOU • YOU MEAN THE WORLD TO ME • THAT'S CORRECT • YOU'RE A JOY • YOU'RE A TREASURE • YOU'RE WONDERFUL • YOU'RE PERFECT • AWESOME • A+ JOB • YOU'RE A-OK MY BUDDY • YOU MADE MY DAY • THAT'S THE BEST • A BIG HUG • A BIG KISS • SAY I LOVE YOU!



American Youth Soccer Organization

Kids Zone Pledge

1. We pledge to be on time or early when arriving with my child for a practice or game. I understand that it is embarrassing for my child to be late to a game or practice and that I am putting him/her at physical risk by not providing adequate time for warm up. I understand the importance of picking up my child on time for all games/practices. This shows respect for the coach, who has other time commitments, and tells my child that he or she is my top priority.
2. We understand that the top three reasons kids play sports are to have fun, make new friends and learn new skills. I understand that the game is for the kids, and that I will encourage my child to have fun and keep sport in its proper perspective. I understand that athletes do their best when they are emotionally healthy, so I will be positive and supportive.
3. We will redefine what it is to be a "Winner" in my conversations with my child. A Winner is someone who makes maximum effort, continues to learn and improve, and does not let mistakes, or fear of making mistakes, stop them. I understand that mistakes are an inevitable part of any game and that people learn from their mistakes. I understand that all children are born with different abilities and that the true measure is not how my child compares to others but how he/she is doing in comparison to his/her best self.
4. We will "Honor the Game." I understand the importance of setting a good example of sportsmanship to my child. No matter what others may do, I will show respect for all involved in the game including coaches, players, opponents, opposing fans, and referees. I understand that officials, coaches, and players make mistakes. If the referee makes a "questionable" call, I will continue to respect the individual and be silent! And I will ask other parents and spectators near me to set a good example of sportsmanship as I am doing.
5. We understand that games can be exciting times for my child who is trying to deal with the fast-paced action of the game, respond to opponents, referees, teammates and listen to coaches. I will not add confusion by yelling out instructions. During the game, I will limit my comments to encouraging my child and other players for both teams. I agree to let the coach coach the game while I only encourage the players.
6. We will not make negative comments about the game, coaches, referees or teammates in my child's presence. I understand that this plants a seed, which can negatively influence my child's motivation and overall experience.

This is a pledge we ask every family to make each year, and we ask that you help support us by remembering this pledge each and every time you attend a practice or a game.



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How dedicated Referees can be...

